



Guest Columnist:

Home beauty expert Heather Marianna: Kitchen pantry is the best medicine cabinet



Beauty Kitchen by Heather Marianna.

By Heather Marianna

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Robin Leach has finished his annual summer vacation under the Tuscan sun in Italy, and many of our Strip personalities again stepped forward in his absence to pen their own words of wisdom. As Robin enjoys the remainder of his working vacation with his family, we continue today with our popular guest columns.



Heather Marianna, with her home beauty secrets, is a multimillion-dollar heiress who turned her 10-year, over-the-top shopping addiction into a fabulous and affordable product line, Beauty Kitchen. Since launching her Beauty Kitchen You Tube series in July 2012, Marianna's channel has reached more than 3 million viewers and followers. The brunette bombshell's outrageous obsession also was featured on Oxygen's "My Shopping Addiction."

It's no secret that I have a passion for fashion and all things related to beauty. I turned my shopping addiction into an all-natural, pampering body skincare line, Beauty Kitchen. With all the fancy verbiage and scientific lingo, it's easy to get caught up in the pressures of buying overpriced shopping mall product lines. In reality, our best medicine cabinet is actually our kitchen pantry.

Beauty Kitchen delivers a luxurious and fun at-home spa experience without the spa price. From a strawberry and champagne bath soak to grapefruit body butter to overnight anti-cellulite cream, we truly offer something for everybody.

In fact, Beauty Kitchen recently launched our men's soap line, which features clean and masculine scents such as raw leather and natural bay, as well as our children's line, which features whimsical bath products such as the fish-bowl-inspired carnival goldfish soap and the alphabet letters and number soaps, a great learning tool for your little one.

For all the puppy owners who love to pamper their pooch, we offer organic pet shampoo and "pawfume," with 15 percent of the proceeds benefiting local no-kill animal shelters.

The summertime sweltering heat can easily cramp your sexy style by causing some tragic beauty dilemmas like sweat, sunburn and melted makeup. Luckily, I've got a few tips to keep you looking and feeling your best all season long without breaking the bank.

And, best of all, you most likely have the majority of these ingredients already in your own kitchen.

Apple cider vinegar

If you only use apple cider vinegar on your salad, you're totally underestimating its potential. It aids in weight loss, combats fatigue, balances your hair's PH level and can even be used as a facial astringent. You can use it in multiple ways. I like to add a tablespoon to a glass of water and drink it before a meal as a quick immunity booster and digestion aid.

Coconut oil

Coconut oil is one of my BFFs! Its super-hydrating nutrients make it the perfect full-body lotion or all-natural facial cleanser to wipe off your makeup. Squeeze a few drops of a fresh grapefruit into it, and voila! You now have a multipurpose, clean, gender-friendly scent.

Sun-kissed hair

Give Khloe Kardashian a run for her money and achieve the perfect ombre without shelling out hundreds of dollars at a fancy spa by simply adding half a cup of lemon juice to a half cup of water. Bottle it up in a spray bottle, and bring it to your favorite pool party. You're guaranteed to be a head-turner!

Broken makeup compact

Long night out and broke your cherished Dior power foundation? One simple ingredient puts the pieces back together — literally. Add a few drops of rubbing alcohol to your makeup compact and stir it around until it looks paste-like. Let it set overnight. All of the alcohol will evaporate, and by the morning your makeup will be back to new. Thank me later!

Stay hydrated

Water is an essential beauty product. Not only does it enhance your skin, hair and nails, but it also will leave you glowing thanks to all of its benefits for your body. Fresh fruit-infused water is the perfect calorie-free beverage to help up your water intake, plus, it's so easy to make.

Slice fresh strawberries and lemon and add a few mint leaves to a water bottle. Chill for a few hours, and you're ready to go. I even like to add water to my wine, which is super refreshing during these steamy summer evenings.

To keep up with Heather Marianna or to view the entire Beauty Kitchen product line, visit HeatherMarianna.TV, follow @HeatherMarianna on Twitter and @BeautyKitchenJunkie on Instagram.

Be sure to check out our other guest column today from comedy star [Geechy Guy](#). On Thursday, we'll meet up with Las Vegas entertainer Tony Sacca, new Strip chef-restaurateur Matthias Merges and reality-TV tattoo artist Dirk Vermin.

***Robin Leach** has been a journalist for more than 50 years and has spent the past decade giving readers the inside scoop on Las Vegas, the world's premier platinum playground.*

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